



UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

Are YOU Ready to Quit Smoking?



Are you interested in participating in a clinical research study at the University of Ottawa Heart Institute?

To participate, you must be:

- ✓ 18-75 years of age
- ✓ Current smoker who smokes 10 or more cigarettes per day
- ✓ Motivated to quit smoking
- ✓ May or may not have a current or previous history of a mental health diagnosis

For more information and to see if you qualify for this study, please contact the study coordinator at:

613-798-5555 ext.19275

quit@ottawaheart.ca

*This study has been approved by the Ottawa Health Science
Network Research Ethics Board*

