HERE IS A LIST OF PHARMACISTS THAT ARE READY TO HELP YOU!

You may go to or contact any of the pharmacists listed here and they will be pleased to consult with you about helping you to quit and to stay quit!

1. **SHOPPERS DRUG MART**  
   1300 Stittsville Main St., Stittsville ON K2S 1A3  
   Tel.: 613-831-0901 • Contact: Amanda Fairfax

2. **SHOPPERS DRUG MART**  
   499 Terry Fox Dr., Kanata ON K2T 1H7  
   Tel.: 613-271-9790 • Contact: Scott McDonald

3. **PHARMA PLUS**  
   1363 Woodroffe Ave., Nepean ON K2G 1V7  
   Tel.: 613-224-1538 • Contact: Martin Fisher

4. **PHARMA PLUS**  
   2525 Carling Ave., Ottawa ON K2B 7Z2  
   Tel.: 613-828-4612 • Contact: Tamanna Ahmed

5. **SHOPPERS DRUG MART**  
   1180 Walkley Rd., Ottawa ON K1V 2M5  
   Tel.: 613-737-3344 • Contact: Michelle Tijssen

6. **PHARMACIE JEAN COUTU**  
   262 Montreal Road, Ottawa ON K1L 6C3  
   Tel.: 613-741-5050 • Contact: Luc Chaine

7. **SHOPPERS DRUG MART**  
   455 Bank Street, Ottawa ON K2P 1Y9  
   Tel.: 613-238-9041 • Contact: Ben Gunter

8. **LA COLOMBE PHARMACY**  
   745 Montreal Road, Ottawa ON K1K 0S9  
   Tel.: 613-748-0111 • Contact: Simone N. Geadah

9. **SHOPPERS DRUG MART**  
   2016 Olgievie Road, Ottawa ON K1J 7N9  
   Tel.: 613-741-5151 • Contact: Renu Pillay

10. **SHOPPERS DRUG MART**  
    1937 Portobello Blvd., Orleans ON K4A 4W8  
    Tel.: 613-590-1800 • Contact: Patrick Wong

These pharmacists are trained in smoking cessation counselling and are working with The University of Ottawa Heart Institute to help patients quit.

This Initiative was made possible through a Healthcare Related partnership between The University of Ottawa Heart Institute and one of Canada's leading research-based pharmaceutical companies.