



10 Best Practices

The OMSC has identified 10 best practices for effective tobacco dependence treatment in the healthcare setting:

1. Tobacco-use queried and documented for all admissions and visits.
2. Training (i.e. workshops, in-services, new staff orientation) for tobacco dependence treatment offered regularly to staff.
3. Program responsibilities are designated to staff (i.e. program coordination, counseling, education, consultation).
4. Tobacco dependence treatment included on clinic forms, treatment pathways, care maps, Kardexes, etc.
5. Self-help materials readily available to patients, family members, and staff.
6. Referral to community resources readily available.
7. Pharmacotherapy (Nicotine Replacement Therapy, Bupropion, Varenicline) available with prescription or through hospital formulary.
8. Processes to follow-up tobacco users for at least one month after initial consultation.
9. Processes to evaluate the degree to which healthcare providers are identifying, documenting and treating patients who use tobacco.
10. Processes to provide feedback to health care providers about performance and program effectiveness.