

DAY 1 | THURSDAY, JANUARY 20, 2022 | 10:00 – 16:00 EST

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
10:00 – 10:10	WELCOME AND INTRODUCTIONS Sarah Mackler, University of Ottawa Heart Institute
10:10 – 10:35	CLINICAL SMOKING CESSATION IN 2022: CONTEMPORARY ISSUES AND CONTEMPORARY PRACTICE Dr. Andrew Pipe and Dr. Hassan Mir, University of Ottawa Heart Institute *Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.
10:35 – 11:35	KEYNOTE PRESENTATION: SMOKING & COVID-19: WHAT IS KNOWN SO FAR Jemma Hopewell, Oxford University Learning objectives: Summarize research evidence on the impact of smoking on the risk of contracting and developing complications from Covid-19.
11:35 – 11:45	BREAK
11:45 – 12:15	BREAKOUT SESSIONS T1. THE MASTER CLASS: A CONVERSATION WITH DR. ANDREW PIPE AND TBD Cynthia Callard, Physicians for a Smoke-Free Canada *Learning objectives: Outline landmark approaches to smoking cessation through an open and informed conversation with an international renowned tobacco cessation expert. T2. HARDCORE SMOKERS - MYTH OR REALITY? WHAT WE'VE LEARNED IN AUSTRALIA Tanya Buchanan, University of Wollongong *Learning objectives: Describe the concept of hardened smokers, outline current research on this population in Australia, and explore common misconceptions and opportunities for smoking cessation supports and services. T3. INTEGRATION OF EVIDENCE-BASED TOBACCO CESSATION PRACTICES INTO CANCER CARE SETTINGS Kelly Hurley, Horizon Health Network *Learning objectives: Outline the initiative of integrating standardized smoking cessation support during the first point of contact with cancer patients and its effectiveness in successful quit attempts. T4. NOVEL DIGITAL INTERVENTIONS FOR SMOKING CESSATION Jodi Prochaska, Stanford University *Learning objectives: Explore the recent digital interventions to help smokers quit and their effectiveness among different population groups.
12:15 - 13:15	LUNCH
13:15 - 14:00	WHAT DO FRONT LINE WORKERS WANT? Panel of Front-Line Workers *Learning objectives: 1. Determine the challenges front line workers face when counselling patients who smoke 2. Explore novel opportunities for healthcare professionals to assist smokers

DAY 1 | THURSDAY, JANUARY 20, 2022 | 10:00 – 16:00 EST

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
14:00 – 14:45	LOWER-RISK NICOTINE USE GUIDELINES Dr. Osnat Melamed and Chantal Fourgere, Centre for Addiction and Mental Health *Learning Objectives: Outline the newly recently Lower-Risk Nicotine Use Guidelines and describe how to use it in various clinical settings.
14:45 – 15:00	BREAK
15:00 – 16:00	PANEL: THE IMPACT OF CANNABIS USE ON SMOKING AND SMOKING CESSATION Panel Discussion & Speakers TBC *Learning objectives: Summarize the epidemiological evidence of cannabis and tobacco smoking in Canada and explore in more depth the impact of Cannabis use on smoking and smoking cessation in youth and adult populations.
16:00	CLOSING REMARKS Sarah Mackler, University of Ottawa Heart Institute



DAY 2 | FRIDAY, JANUARY 21, 2022 | 10:00 – 15:15 EST

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
10:00 – 10:05	INTRODUCTORY COMMENTS Sarah Mackler, University of Ottawa Heart Institute
10:05 – 11:05	KEYNOTE PRESENTATION: VAPING REGULATIONS: REVIEW OF CURRENT APPROACHES ABROAD AND WHAT COULD BE DONE IN CANADA Cynthia Callard, Physicians for a Smoke-Free Canada *Learning objectives: Outline vaping regulations implemented in other countries, their impact since implementation, and describe approaches Canada could adopt to regulate vaping products.
11:05 – 11:35	NICOTINE ADDICTION ON ADOLESCENT BRAIN DEVELOPMENT Nicholas Chadi, CHU Sainte-Justine, Université de Montréal *Learning objectives: Describe the neurobiology of nicotine addiction and its impact on the development of the adolescent brain.
11:35 – 11:45	BREAK
11:45 – 12:15	BREAKOUT SESSIONS F1. MOTIVATIONAL INTERVIEWING FOR SMOKING CESSATION Kim Lavoie, Université du Québec à Montréal *Objectives: Outline the framework of motivational interviewing and describe how to use this approach with patients in smoking cessation consultations. F2. VAPING: UPDATED REVIEW OF CURRENT RESEARCH AND EVIDENCE Dr. Andrew Pipe, University of Ottawa Heart Institute *Learning objectives: Review the latest evidence on e-cigarettes, the health effects, and its effectiveness as a smoking cessation aid. F3. CHALLENGES AND OPPORTUNITIES FOR SMOKING CESSATION IN INDIGENOUS SETTINGS Speaker TBC *Objectives: Explore the social determinants that influence Indigenous people to smoke and factors that impede and/or help successful smoking cessation. F4. THE NEUROPSYCHOLOGICAL MECHANISM OF NICOTINE ADDICTION Bernard LeFoll, Centre for Addiction and Mental Health *Objectives: Describe the neurological mechanisms underlying nicotine addiction and how psychological stress and trauma impact smoking and smoking cessation.
12:15 - 13:15	LUNCH / NETWORKING BREAK
13:15 - 13:45	RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!” Multiple Presenters Moderated By: Mustafa Coja, University of Ottawa Heart Institute *Learning objectives: Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.

DAY 2 | FRIDAY, JANUARY 21, 2022 | 10:00 – 15:15 EST

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
13:45 – 14:15	BRAIN STIMULATION FOR SMOKING CESSATION Mera Barr, Centre for Addiction and Mental Health *Describe what brain stimulation magnetic stimulation is and summarize the evidence on its effectiveness for smoking cessation.
14:15 – 14:25	BREAK
14:25 – 14:55	REGULATING NICOTINE LEVELS IN CIGARETTES & OTHER TOBACCO PRODUCTS Neal Benowitz, University of California, San Francisco * Learning objectives: Summarize the ways nicotine levels could be regulated in tobacco products and describe the impact of such an approach would have on smoking and smoking cessation.
14:55 – 15:10	AWARDS CEREMONY AND CLOSING REMARKS Dr. Andrew Pipe & Dr. Hassan Mir, University of Ottawa Heart Institute
15:10 – 15:15	END OF EVENT Sarah Mackler, University of Ottawa Heart Institute

