

SEVENTEENTH ANNUAL OTTAWA CONFERENCE

STATE OF THE ART CLINICAL APPROACHES TO SMOKING CESSATION

JANUARY 24 - 25, 2025 | SHAW CENTRE | OTTAWA, ONTARIO

CONFERENCE PROGRAM



**OTTAWA MODEL
FOR SMOKING CESSATION**

POWERED BY THE UNIVERSITY OF OTTAWA HEART INSTITUTE



FRIDAY, JANUARY 24, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	OPENING CEREMONY Elder
8:45 – 9:00	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
9:00 – 9:45 30 mins presentation	CLINICAL SMOKING CESSATION IN 2025 Dr. Hassan Mir, Dr. Kerri-Anne Mullen & Dr. Andrew Pipe, University of Ottawa Heart Institute *Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.
9:45 – 10:30 30 mins presentation 15 mins Q&A	KEYNOTE PRESENTATION: ADDRESSING NICOTINE POUCHES FROM A POLICY PERSPECTIVE TBD
10:30 – 10:50	BREAK/NETWORKING
10:50 – 12:30 30 mins pres 15 mins Q&A (repeated)	BREAKOUT SESSIONS (10:50 – 11:35 and repeated from 11:45 – 12:30) F1. THE MASTER CLASS: A CONVERSATION WITH DR. MARK EISENBERG Dr. Mark Eisenberg F2. SMOKING CESSATION IN SPECIALIZED POPULATIONS TBD F3. COMMERCIAL TOBACCO CESSATION IN INDIGENOUS COMMUNITIES TBD F4. A. SESSION EN FRANÇAIS B. SESSION IN ENGLISH
12:30 – 1:30	LUNCH
1:30 – 2:15 30 mins presentation 15 min Q&A	CLIMATE CHANGE, SMOKING CESSATION, AND CARDIOVASCULAR HEALTH TBD



FRIDAY, JANUARY 24, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
2:15 – 3:00 30 mins presentation 15 min Q&A	SMOKING CESSATION AND CONCURRENT ALCOHOL/SUBSTANCE USE TBD
3:00 – 3:20	BREAK
3:20 – 4:15 30 mins presentation 25 min Q&A	ALTERNATIVE NICOTINE PRODUCTS/NICOTINE POUCHES - CLINICAL IMPLICATIONS TBD
4:15 – 4:30	CLOSING REMARKS Mustafa Coja, University of Ottawa Heart Institute
4:30 – 6:00	WINE AND CHEESE POSTER SESSIONS

SATURDAY, JANUARY 25, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
8:45 – 9:30 30 mins presentation 15 mins Q&A	KEYNOTE PRESENTATION: TBD TBD
9:30 – 10:15	WHAT DO OUR PATIENTS WANT FROM QUIT VAPING EXPERTS? Panel of Current and Former Youth Who Vape <small>*Learning objectives: Youth who have quit vaping, youth who have taken up vaping to quit smoking.</small>
10:15 – 10:30	BREAK



SATURDAY, JANUARY 25, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
10:30 – 12:30	<p>VAPING PANEL DISCUSSION</p> <p>PATTERNS AND PREVALENCE Dr. David Hammond</p> <p>VAPING HARMS AND VAPING CESSATION TBD</p> <p>VAPING FOR SMOKING CESSATION TBD</p> <p>PANEL DISCUSSION All panelists</p>
12:30 – 1:30	LUNCH
<p>1:30 – 2:15 35 mins presentation 10 mins Q&A</p>	SOCIAL MEDIA, YOUTH VAPING UPTAKE AND VAPING CESSATION Dr. Laura Struik, Ryan Fahey
2:15 – 2:30	BREAK
2:30 – 3:15	<p>RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!” Multiple Presenters, Moderated By: Mustafa Coja</p> <p>*Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.</p>
3:15 – 3:45	AWARDS CEREMONY AND CLOSING REMARKS
3:45 – 4:00	CLOSING CEREMONY Elder