

SEVENTEENTH ANNUAL OTTAWA CONFERENCE

STATE OF THE ART CLINICAL APPROACHES TO SMOKING CESSATION

JANUARY 24 - 25, 2025 | SHAW CENTRE | OTTAWA, ONTARIO

CONFERENCE PROGRAM



**OTTAWA MODEL
FOR SMOKING CESSATION**

POWERED BY THE UNIVERSITY OF OTTAWA HEART INSTITUTE



FRIDAY, JANUARY 24, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	OPENING CEREMONY Elder Verna McGregor
8:45 – 9:00	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
9:00 – 9:30	<p>CLINICAL SMOKING CESSATION IN 2025 Dr. Hassan Mir, Dr. Kerri-Anne Mullen & Dr. Andrew Pipe, University of Ottawa Heart Institute</p> <p>*Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.</p>
9:30 – 10:30	<p>CONTEMPORARY APPROACHES TO SMOKING CESSATION: CLINICAL PRACTICE UPDATE Dr. Hassan Mir, Dr. Kerri-Anne Mullen, Javad Heshmati, University of Ottawa Heart Institute and Dr. Mark Eisenberg, McGill University</p>
10:30 – 10:50	BREAK/NETWORKING
10:50 – 11:35	VAPING: PATTERNS AND PREVALENCE Dr. David Hammond, University of Waterloo
11:35 – 12:30	KEYNOTE PRESENTATION: VAPING Dr. Mark Eisenberg, McGill University
12:30 – 1:30	LUNCH
1:30 – 2:15	CLIMATE CHANGE, SMOKING CESSATION, AND CARDIOVASCULAR HEALTH Dr. Samantha Green, Assistant Professor, Temerty Faculty of Medicine
2:15 – 2:55	INCORPORATING SMOKING CESSATION INTO ALTERNATIVE MODELS OF CARE Dr. Susan Kilborn, Community Veterinary Outreach
2:55 – 3:15	BREAK
3:15 – 4:15	NICOTINE POUCHES: POLICY APPROACHES AND CLINICAL IMPLICATIONS Speaker TBD
4:15 – 4:30	CLOSING REMARKS Mustafa Coja, University of Ottawa Heart Institute
4:30 – 6:00	WINE AND CHEESE POSTER SESSIONS



SATURDAY, JANUARY 25, 2025

*Learning Objectives: By the end of the session, participants will be able to:

TIME	TOPIC
7:30 – 8:30	REGISTRATION AND CONTINENTAL BREAKFAST
8:30 – 8:45	INTRODUCTORY COMMENTS Mustafa Coja, University of Ottawa Heart Institute
8:45 – 9:30	KEYNOTE PRESENTATION: SMOKING CESSATION AND CONCURRENT ALCOHOL/SUBSTANCE USE Dr. Peter Selby, Centre for Addiction and Mental Health (CAMH)
9:30 – 10:15	WHAT DO OUR PATIENTS WANT FROM QUIT [VAPING] EXPERTS? Panel of Current and Former Youth Who Vape, Moderated by: Speaker TBD <small>*Learning objectives: Youth who have quit vaping, youth who have taken up vaping to quit smoking.</small>
10:15 – 10:30	BREAK
10:30 – 12:15 BREAKOUT SESSIONS	BREAKOUT SESSIONS (10:30 – 11:15 AND REPEATED AGAIN FROM 11:30 – 12:15) S1. MASTER CLASS Dr. Peter Selby, Centre for Addiction and Mental Health (CAMH) S2. PREGNANCY, LACTATION AND SMOKING CESSATION Dr. Kerri-Anne Mullen, Maria Agustina Lopez Laporte S3. COMMERCIAL TOBACCO CESSATION IN INDIGENOUS COMMUNITIES Speaker TBD S4. TBD (A. SESSION EN FRANÇAIS B. SESSION IN ENGLISH) Dr. Sean Gilman, McGill University Health Centre
12:15 – 1:30	LUNCH
1:30 – 2:15	RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!” Multiple Presenters, Moderated By: Mustafa Coja <small>*Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.</small>
2:15 – 2:30	BREAK
2:30 – 3:15	SOCIAL MEDIA, YOUTH VAPING UPTAKE AND VAPING CESSATION Dr. Laura Struik & Ryan Fahey
3:15 – 3:45	AWARDS CEREMONY AND CLOSING REMARKS
3:45 – 4:00	CLOSING CEREMONY Elder Verna McGregor