

AGENDA | MARCH 21, 2023 | 8:00AM – 12:30PM

TIME	SESSION
08:00 – 08:05	WELCOME
08:05 – 08:25	<p>OPENING BREAKOUT ACTIVITY</p> <p>Participants will receive instructions on how to use certain interactive features on the Teams platform, introduce themselves to their assigned working group, and outline their own learning objectives for the workshop.</p>

PART 1 – OMSC IMPLEMENTATION

08:25 – 08:50	<p>OMSC INTRODUCTION & OVERVIEW</p> <p>Participants will be able to explain the components of the Ottawa Model, describe the rationale for the program and the science behind it.</p> <p>Presenter: Mustafa Coja, BPHE, BA, CSEP-CEP, Program Manager, Ottawa Model for Smoking Cessation, University of Ottawa Heart Institute.</p>
08:50 – 09:35	<p>OMSC IMPLEMENTATION PROCESSES AND TOOLS</p> <p>Participants will be able to explain how practice change relates to the OMSC, describe the step by step process for implementing the OMSC program and list the clinical tools available to assist with program delivery. Participants will also be able to describe the two functions of the OMSC database and the importance of patient follow-up and program evaluation.</p> <p>Presenter: Kate Walker, MScPT, PhD Candidate, Evaluation and Program Development Lead, Ottawa Model for Smoking Cessation, University of Ottawa Heart Institute.</p>
09:35 – 09:55	<p>BREAKOUT ACTIVITY – IMPLEMENTATION CASE STUDIES</p> <p>Participants will go through implementation case studies with their assigned group, discuss issues and identify solutions.</p>
09:55 – 10:05	BREAK

PART 2 – CLINICAL

10:05 – 11:00	<p>NICOTINE ADDICTION 101</p> <p>Participants will be able to recognize the complexity of nicotine addiction and clinical strategies for special populations.</p> <p>Presenter: Dr. Hassan Mir, MD, FRCPC, Cardiologist and Assistant Professor of Medicine, Division of Prevention and Rehabilitation, University of Ottawa Heart Institute.</p>
11:00 – 11:30	<p>SMOKING CESSATION PHARMACOTHERAPY</p> <p>Participants will be able to describe clinical strategies for smoking cessation, current cessation medications and recommendations for their use.</p> <p>Presenter: Emilie Serano, APN, Clinical Manager, Quit Smoking Program, University of Ottawa Heart Institute.</p>
11:30 – 11:50	<p>STRATEGIC ADVICE AND OMSC CONSULT FORM</p> <p>Participants will be able to define Strategic Advice in the context of the OMSC, list tips for starting a conversation with patients who smoke and provide strategic advice to smokers who are ready and not ready to quit smoking. Participants will be able to explain how to successfully complete the OMSC Consult Form and apply knowledge obtained from the workshop to the clinical environment.</p> <p>Presenter: Jo-Anne Gagnier, RN, BSCN, Clinical Manager & Implementation Specialist, Ottawa Model for Smoking Cessation, University of Ottawa Heart Institute.</p>
11:50 – 12:15	<p>BREAKOUT ACTIVITY – PATIENT SCENARIOS</p> <p>Participants will be provided with 2 patient scenarios and will practice filling out a Smoking Cessation Consult Form for each scenario, as well as discuss consultation best practices for each patient.</p>
12:15 – 12:30	REGROUP AND CLOSING