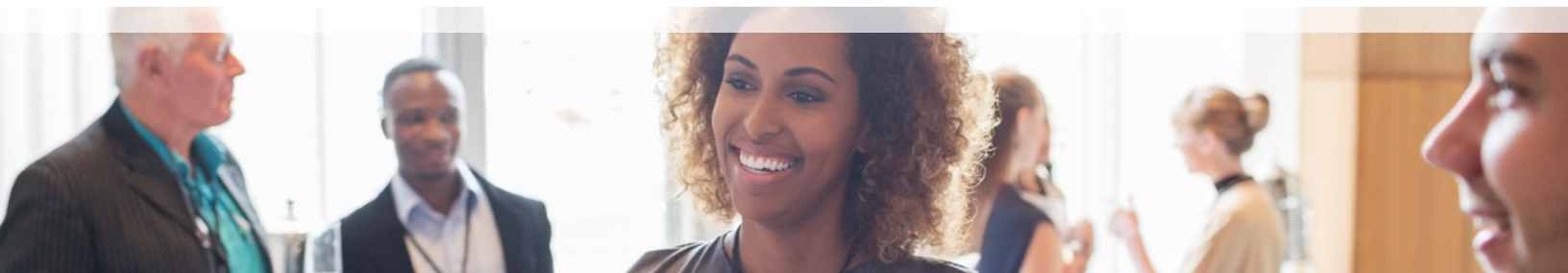


## PRECONFERENCE | THURSDAY, JANUARY 19, 2023

\*Learning Objectives: By the end of the session, participants will be able to:

| TIME                          | TOPIC   |
|-------------------------------|---|
| 8:30 - 9:00                   | <b>BREAKFAST AND REGISTRATION</b>   |
| 9:00 - 9:45<br>45 mins Q&As   | <b>T1. IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN ANY SETTING   Sarah Mackler &amp; Mustafa Coja, University of Ottawa Heart Institute</b><br>*Learning objectives: Explain the 5 key features of the Ottawa Model; describe the rationale for the program and the adaptability of implementation in a variety of clinical settings and specialty areas.  |
| 9:45 - 10:30<br>45 mins Q&As  | <b>T1. OMSC UPDATES: WHAT ARE WE WORKING ON AND WHERE ARE WE GOING?   Sarah Mackler, University of Ottawa Heart Institute</b><br>*Learning objectives: Summarize recent OMSC program developments.  |
| 10:30 - 10:45                 | <b>COFFEE BREAK</b>   |
| 10:45 - 12:00<br>30 mins Q&As | <b>T1. IMPLEMENTATION SCIENCE: WHAT IT IS AND WHAT YOU NEED TO KNOW TO ENSURE SUCCESS   Kate Walker, University of Ottawa Heart Institute</b><br>*Delve into the science of implementation and its applications for smoking cessation <ul style="list-style-type: none"> <li>What is the problem we are trying to solve? (Overview)</li> <li>What are the potential options? (Objectives)</li> <li>How will you action/implement? (Solution)</li> </ul> |
| 12:00 - 1:00                  | <b>LUNCH</b>  |
| 1:00 - 2:00                   | <b>T2. HACKING IMPLEMENTATION SYSTEM CHALLENGES AND LEVERAGING OPPORTUNITIES - PART ONE   Ottawa Model for Smoking Cessation</b><br>*Learning objectives: Identify various scenarios that could benefit from the use of implementation science.   |
| 2:00 - 2:15                   | <b>COFFEE BREAK</b>   |
| 2:15 - 3:00                   | <b>T2. HACKING IMPLEMENTATION SYSTEM CHALLENGES AND LEVERAGING OPPORTUNITIES - PART TWO   Group presentations and discussion</b><br>*Learning objectives: Discuss potential solutions and opportunities that could be used to address the scenarios identified in the previous session.   |



**DAY 1 | FRIDAY, JANUARY 20, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

| TIME   | TOPIC   |
|--|---|
| 7:30 - 8:30  | REGISTRATION AND CONTINENTAL BREAKFAST  |
| 8:30   | OPENING CEREMONY   <a href="#">Elder Verna McGregor</a>   |
| 8:30 - 8:40  | INTRODUCTORY COMMENTS   <a href="#">Sarah Mackler, University of Ottawa Heart Institute</a>   |
| 8:40 - 9:00<br>20 mins pres                                | <b>CLINICAL SMOKING CESSATION IN 2023: CONTEMPORARY ISSUES AND CONTEMPORARY PRACTICE</b>   <a href="#">Dr. Andrew Pipe and Dr. Hassan Mir</a><br>*Learning objectives: Interpret the philosophies and latest research underlying clinical smoking cessation interventions in the healthcare setting.  |
| 9:00 - 10:00<br>45 mins pres<br>15 mins Q&A                | <b>SMOKING AND VAPING AMONG CANADIANS: WHAT THE DATA TELLS US</b>   <a href="#">Professor David Hammond, School of Public Health Sciences</a><br>*Learning objectives: Outline the current data surrounding current smoking and vaping trends among Canadians.  |
| 10:00 - 10:20  | BREAK   |
| 10:20 - 12:00<br>30 mins pres<br>15 mins Q&A<br>(repeated) | <b>BREAKOUT SESSIONS (10:20 - 11:05 and repeated from 11:15 - 12:00)</b><br><br><b>F1. THE MASTER CLASS: A CONVERSATION WITH DR. HASSAN MIR, DR. ANDREW PIPE, AND DR. ROBERT REID</b>   <a href="#">Dr. Hassan Mir, Dr. Andrew Pipe, University of Ottawa Heart Institute, Dr. Bob Reid</a><br>*Learning objectives: Outline landmark approaches to smoking cessation through an open and informed conversation with an internationally renowned tobacco cessation expert.<br><br><b>F2. COUNSELLING PATIENTS/STRESS MANAGEMENT</b>   <a href="#">Emilie Serano, University of Ottawa Heart Institute</a><br>*Learning objectives: Summarize approaches to managing stress in patients enrolled in smoking cessation programs.<br><br><b>F3. DIGITAL HEALTH WITH SMOKING CESSATION</b>   <a href="#">Melissa Bastin, OntarioMD</a><br>*Learning objectives: Leveraging electronic medical records (EMR) and technology to support smoking cessation management.<br><br><b>F4. PREGNANCY AND SMOKING CESSATION/VAPING</b>   <a href="#">Lorraine Greaves, Centre of Excellence for Women's Health</a><br>*Learning objectives: Summarize research evidence on the effects of vaping during pregnancy, as well as population-specific approaches to smoking and vaping cessation. |
| 12:00 - 1:00   | LUNCH   |
| 1:00 - 2:00<br>45 mins pres<br>15 mins Q&A                 | <b>WHAT DO OUR PATIENTS WANT FROM QUIT SMOKING EXPERTS?</b>   <a href="#">Panel of current and former patients</a><br>*Learning objectives: Determine the challenges people who smoke face when considering cessation and explore novel opportunities for healthcare professionals to assist.   |

**DAY 1 | FRIDAY, JANUARY 20, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

| TIME  | TOPIC   |
|---|---|
| <b>2:00 - 2:30</b><br>20 mins pres<br>10 mins Q&A | <b>CANNABIS – IN THE BROAD SENSE   Dr. Daniel Myran, University of Ottawa</b><br>*Learning objectives: Explore the evolution of the legal cannabis market in Canada since its inception and discuss current and potential future implications of this market.   |
| <b>2:30 - 2:50</b>                                | <b>BREAK</b>  |
| <b>2:50 - 3:20</b><br>20 mins pres<br>10 mins Q&A | <b>VAPING CESSATION   Dr. Hassan Mir</b><br>*Learning objectives: Summarize the evidence on best practices for vaping cessation.  |
| <b>3:20 - 4:15</b><br>40 mins pres<br>15 mins Q&A | <b>SMOKING CESSATION IN CANCER CARE: THE ISSUE WE HAVEN'T BEEN ABLE TO QUIT</b><br><b>Panel Discussion:</b> <ul style="list-style-type: none"> <li>• <b>Dr. Graham Warren, Medical University of South Carolina</b></li> <li>• <b>Dr. Kerri-Anne Mullen, University of Ottawa Heart Institute</b></li> <li>• <b>Kelly Hurley, Horizon Health Network</b></li> </ul> *Learning objectives: Summarize the impact of smoking on cancer and cancer treatment, describe the cost-effectiveness of smoking cessation in oncology settings, and outline strategies for program sustainability. |
| <b>4:15 - 4:30</b>                                | <b>CLOSING REMARKS   Sarah Mackler, University of Ottawa Heart Institute</b>  |
| <b>4:30 - 6:00</b>                                | <b>WINE AND CHEESE POSTER SESSIONS</b>  |



## DAY 2 | SATURDAY, JANUARY 21, 2023

\*Learning Objectives: By the end of the session, participants will be able to:

| TIME   | TOPIC   |
|--|---|
| 7:30 - 8:30  | REGISTRATION AND CONTINENTAL BREAKFAST  |
| 8:30 - 8:45  | INTRODUCTORY COMMENTS   <a href="#">Sarah Mackler, University of Ottawa Heart Institute</a>   |
| 8:45 - 9:35<br>35 mins pres<br>15 mins Q&A                 | <b>KEYNOTE PRESENTATION: NHS LONG TERM PLAN TOBACCO TREATMENT GOALS</b><br><a href="#">Dr. Sanjay Agrawal, NHS</a><br>*Learning objectives: Outline progress on the implementation of the NHS Long Term Plan and explore potential applications within a local context.   |
| 9:35 - 10:00<br>25 min<br>moderated<br>discussion          | <b>THE CHANGING LANDSCAPE OF NICOTINE PRODUCTS – A FIRESIDE CHAT</b>   <a href="#">Cynthia Callard, Physicians for a Smoke-Free Canada</a> , <a href="#">Moderated By: Dr. Andrew Pipe</a><br>*Learning objectives: Summarize the evolution of nicotine products over the past several years, as well as corresponding developments in approaches to smoking cessation.   |
| 10:00 - 10:20  | BREAK   |
| 10:20 - 12:00<br>30 mins pres<br>15 mins Q&A<br>(repeated) | <b>BREAKOUT SESSIONS (10:20 – 11:05 and repeated from 11:15 – 12:00)</b><br><br><b>S1. THE NUNAVUT STORY: CULTURAL DIFFERENCES IN ADDRESSING SMOKING IN THE INUIT POPULATION</b>   <a href="#">Eric Ipirq and Fellen Atienza, Department of Health, Government of Nunavut</a><br>*Learning objectives: Explore population-based approaches to smoking cessation employed within Inuit communities in Nunavut.<br><br><b>S2. USING MI TO REDUCE HEALTHCARE PROVIDER BURDEN</b>   <a href="#">Roger Tam, Our Own Health</a><br>*Learning objectives: Describe the application of motivational interviewing (MI) within the context of smoking cessation, and how the use of MI can be beneficial for healthcare providers.<br><br><b>S3. ENHANCING SMOKING CESSATION SCREENING</b>   <a href="#">Dr. Bill Evans</a><br>*Learning objectives: Outline tools and methods that can be used to improve uptake and success of smoking cessation screening programs.<br><br><b>S4. CANNABIS AND TOBACCO CO-USE: WHAT THE EVIDENCE SAYS</b>   <a href="#">Dr. Michael Chaiton, Dalla Lana School of Public Health</a><br>*Learning objectives: Outline trends in cannabis and tobacco co-use and explore strategies to address co-use. |
| 12:00 - 1:00   | LUNCH   |
| 1:00 - 1:35<br>25 mins pres<br>10 mins Q&A                 | <b>RAPID FIRE ORAL PRESENTATIONS “5 MINS, 3 SLIDES!”</b>   <a href="#">Multiple Presenters, Moderated By: Mustafa Coja, University of Ottawa Heart Institute</a><br>**Learning objectives: Summarize new experiences, insights and interesting research results in the field of smoking cessation as presented by our conference delegates.   |



**DAY 2 | SATURDAY, JANUARY 21, 2023**

\*Learning Objectives: By the end of the session, participants will be able to:

| TIME  | TOPIC  |
|---|--|
| <b>1:35 - 2:00</b><br>15 mins pres<br>10 mins Q&A | <b>BEST PRACTICES IN IMPLEMENTING THE OTTAWA MODEL FOR SMOKING CESSATION IN PRIMARY CARE SETTINGS   <a href="#">Dr. Sophia Papadakis, National Centre for Smoking Cessation and Training</a></b><br>*Learning objectives: Describe the factors that contribute to successful implementation of the OMSC, building on research and implementation experience from Ottawa, Greece, and the UK. |
| <b>2:00 - 2:15</b>                                | <b>BREAK</b>   |
| <b>2:15 - 2:45</b><br>20 mins pres<br>10 mins Q&A | <b>MISINFORMATION AND DISINFORMATION ON SMOKING/CANNABIS/VAPING: 5 SMOKING MYTHS THAT YOU WISH YOU COULD KILL OFF   <a href="#">Dr. Andrew Pipe</a></b><br>*Learning objectives: Identify common smoking myths and explore ways to address them.   |
| <b>2:45 - 3:00</b>                                | <b>AWARDS CEREMONY AND CLOSING REMARKS   <a href="#">Dr. Andrew Pipe &amp; Dr. Hassan Mir</a></b>  |
| <b>3:00 - 3:15</b>                                | <b>CLOSING CEREMONY   <a href="#">Elder</a></b>  |



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