Stephanie Skopyk, NP-PHC, MN
Lead Nurse Practitioner
Nurse Practitioner Led Clinic
Canadian Mental Health Association Durham

Biography
Stephanie Skopyk is the Clinic Lead and a Nurse Practitioner at the Canadian Mental Health Association Durham's Nurse Practitioner Led Clinic, providing primary care and mental health services to over 1900 clients. She graduated from McMaster University with a Bachelor in Science & Nursing before holding positions in Pediatric Cardiology, the Cardiac Intensive Care Unit and Long-Term Care. She also worked as a Public Health Nurse focusing on population health initiatives related to tobacco control and cancer screening before obtaining her Masters in Nursing and Primary Health Care Nurse Practitioner Certificate from Ryerson University. Stephanie has been a tobacco cessation champion for the past 8 years, working with CEASE, a network of local health care providers who strive to support patients to stop smoking, and consulting on the implementation of tobacco-free strategies in health care settings across the Durham Region.

Presentation Details
The Ongoing Challenges and Realities with Implementing Smoking Cessation Programs in Various Primary Care Settings
By the end of the session, participants will be able to discuss the challenges, opportunities and “lessons learned” as part of the implementation of a smoking cessation program within Family Health Teams, Community Health Centres, and Nurse Practitioner-Led Clinics across Ontario.

*Presenting on a panel with Ellen Fleming Michaud and Dr. John Stewart

Date: Saturday Jan. 23, 2016
Time: 10:20am – 11:05am and is repeated at 11:15am – 12:00pm
Location: 4th Floor Westin Ottawa Hotel, Room TBD (Breakout Session)