



The Ottawa Model for Smoking Cessation Workshop

8:30 am-4:30 pm

AGENDA

Time	Topic
08:00 - 08:30	Registration and Continental Breakfast
08:30 - 08:45	Welcome and Introductions
08:45 - 09:15	Ottawa Model for Smoking Cessation - Overview <i>Participants will be able to explain the 5 key features of the Ottawa Model, describe the rationale for the program and the science behind it.</i>
09:15 - 10:15	Organizational Change: Factors Related to Successful Clinical Smoking Cessation Program Implementation, Utilization, and Outcomes <i>Participants will be able to describe the four factors relating to smoking cessation program implementation, utilization, outcomes and sustainability.</i>
10:15 - 10:30	Break
10:30 - 12:00	OMSC Implementation Processes and Tools <i>Participants will be able to describe the step by step process for implementing the OMSC program and list the clinical tools and resources used when assisting patients who smoke. Participants will also be able to describe the OMSC database and how it can be used to follow-up patients.</i>
11:30 - 12:00	Starting the Conversation: Strategic Advice and Smoking Cessation <i>Participants will be able to describe behaviour change theory, define Strategic Advice in the context of the OMSC, list tips for starting a conversation with patients who smoke and provide strategic advice to smokers who are ready and not ready to quit smoking.</i>
12:00 - 12:45	Lunch
12:45 - 2:15	Nicotine Addiction 101 <i>Participants will be able to recognize the complexity of nicotine addiction and clinical strategies for special populations.</i>
2:15- 2:30	Break
2:30 - 3:00	Smoking Cessation Medications- Dosing Recommendations <i>Participants will be able to describe clinical strategies for smoking cessation, current cessation medications and recommendations for their use.</i>
3:00 - 3:30	Ottawa Model for Smoking Cessation Consult Form <i>Participants will be able to explain how to successfully complete the Ottawa Model for Smoking Cessation Consult Form.</i>
3:30 - 4:15	Practical Intervention: Approaching the Patient (Case Study Activity) <i>Participants will be able to apply knowledge obtained from the workshop to the clinical environment.</i>
4:15	Wrap Up